



LUMEN ONLINE

In addition to our usual classroom presentations we are offering online modules of varying formats:

1. Pre-recorded talks to be accessed through the Lumen website in your own time.
  2. Pre-recorded talks and a live webinar via Zoom (date given). The talks will be available on the Lumen website at least four weeks before the webinar.
  3. A real-time seminar via Zoom.
- For further information please visit our website.

**22. Together in Hope: Interfaith and Spiritual Responses to COVID-19** 26 Jan.-23 Feb. 7.00-8.00pm

Jude Lal Fernando, Swami Purnananda, Myozan Kodo, Arslaan Khan, Judith McAdam, Deirdre O'Donnell, Hilary Abrahamson

Together in Hope is a series of joint reflections on COVID-19 given by leaders of diverse faith communities and spiritual practitioners. In this moment of unprecedented crisis, this series of sessions aims at creating a space – virtually – in which to find and give hope, courage and support to one another through our diverse religious, spiritual and humanist resources. Please note this is a module in real time and is not recorded. €35 (5 online classes)

**23. How Pandemics Changed Us: Historical Perspectives** Sabine Schratz OP

Pandemics have been a dreaded scourge throughout the history of humanity. Their personification as the Pale Rider of the Apocalyptic Horsemen not only illustrates the sheer horror and suffering they inflicted on millions of people but also their potential for radical and permanent change. This short module will look at how former generations lived through and responded to pandemic crises, thereby reshaping society, medicine, economy, religion and art. €35 (4 recorded talks, 1 webinar 17 Feb., 7.30-8.30pm)

**24. Inspiration for All Seasons: Celtic Wisdom for Today** John Scally

For description see module no. 9  
€40 (5 recorded talks, 1 webinar 24 March, 7.30-8.30pm)

**25. The Doctor's Dilemmas: Medical Ethics in a Fast-Changing World**

John Scally  
For description see module no. 10  
€45 (6 recorded talks, 1 webinar 19 May, 7.30-8.30pm)

**26. The Passion Narrative in John** Kieran O'Mahony OSA

For description see module no. 20  
€45 (6 recorded talks, 1 webinar 21 April, 7.30-8.30pm)

**27. "Behold I will make a way in the wilderness" (Is 43:19): Towards a Biblical Spirituality for the Times We Live in** Seán Goan

For description see module no. 21  
€40 (5 recorded talks, 1 webinar 26 May, 7.30-8.30pm)

**28. "I haven't a clue!"** Seán Goan

The aim of this short online module is to introduce the Bible to people who have little or no knowledge of this remarkable book. Our intention is to address four basic questions in four twenty-minute programmes in the hope that we can awaken your interest in reading the Bible for today. The programmes are:

- 1) Where did the Bible come from?
  - 2) How long did it take to write?
  - 3) Who wrote it?
  - 4) Why do we call it the word of God?
- €25 (4 recorded talks, available from 17 Feb.)

General Information

ENQUIRIES: Tel: 01-288 2075 Mobile: 085 872 7482  
Email: [info@lumenop.ie](mailto:info@lumenop.ie)  
WEBSITE: [www.lumenop.ie](http://www.lumenop.ie)  
ADDRESS: Lumen · Dominican Centre, Sion Hill Campus, Blackrock, Co. Dublin, A94 A3C7.

FEES: are payable in advance as classes may be cancelled if numbers booking for them are insufficient. Booking forms and cheques, made out to Lumen Dominican Centre, may be posted to the above address. Electronic Transfers may be made to:

Lumen Dominican Centre, Bank of Ireland, Dun Laoghaire. IBAN: IE81 BOFI 9011 1611 4718 28; BIC: BOFIE2D  
REDUCTIONS: A reduction of 10% is applicable to the total if more than one module is booked in the same semester.

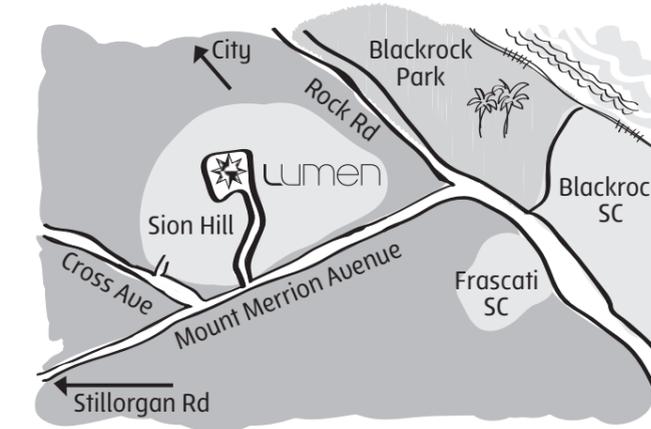
REGISTRATION: Due to the COVID-19 pandemic there will be no designated registration days. Please register through our website [www.lumenop.ie](http://www.lumenop.ie) or by post – at least two weeks before the classes commence. Refunds are given only if a module is cancelled by the Centre, not if one misses a class. Modules have to be booked and paid in full. It is not acceptable to pay for single classes.

OFFICE HOURS: (a) During term: Monday-Friday, 10.00am-1.00 pm; (b) Outside term, the office is attended irregularly. Please leave a message on the answering machine.

INSURANCE: The Centre does not accept any responsibility for personal injury attendees may suffer while on the premises, inside or outside it, nor for any property mislaid, stolen or damaged anywhere on the campus.

TRANSPORT:  
(A) CARS: Entrance is from Mount Merrion Avenue only: the turn for this (no gate) is on the right as you come up the avenue from Blackrock, shortly before the traffic lights at Cross Avenue. Car parking is in front and also at the side of the Centre.  
(B) DART: to Blackrock Station (10-15 minutes walk to the Centre).  
(C) BUSES: The area is well served with bus stops both on Mount Merrion Avenue and at its Blackrock and Stillorgan ends.  
PLEASE NOTE: Mobile phones must be turned off when one is attending a class. No smoking is permitted in any part of the Centre.

Sion Hill Campus,  
Blackrock, Co. Dublin, A94 A3C7.  
Tel: 01-288 2075  
Mobile: 085 872 7482  
Email: [info@lumenop.ie](mailto:info@lumenop.ie)



## TUESDAYS

**1. God is Love – The Heart of All Creation** 23 Feb.-25 May  
Blanaid Gallagher OP 10.45am-12.15pm

This programme is most suitable for all those who have some experience of Centering Prayer. It offers a vision of hope and a view of reality that integrates the sciences, religion and our place in the cosmos as divine in origin.

Voluntary contribution at each session

€130 (12 weeks)

**2. Chair Yoga** 23 Feb.-25 May  
Marie Angeline Lascaux 10.00-11.30am

Chair Yoga is a gentle form of Hatha Yoga which includes centering, gentle stretching and limbering, breathing techniques and guided meditation. It will assist you in regaining strength, flexibility and confidence in your body, improving posture and releasing tight muscles, enhancing focus and concentration, recovering a sense of connection and developing inner calm. It is suitable for all ages and abilities.

€130 (12 weeks)

**3. French Level 2 (Advanced Beginners)** 23 Feb.-25 May  
Marie Helène Dolan 10.00-11.30am

For students who can produce simple French sentences and can ask and respond to simple French questions. In a friendly, relaxed atmosphere, these classes will enable students to communicate with more fluency to feel confident in most everyday situations.

€130 (12 weeks)

**4. Intermediate Plus Italian** 23 Feb.-25 May  
Heather Abrahamson 10.30-12.00 noon

“Vino bianco o vino rosso, signore?” Are you able to book a table, order a meal, ask directions and actually follow them? If you have already studied some Italian and appreciate fun and informality, then this is the class for you. Newcomers are most welcome.

€130 (12 weeks)

**5. Bach and the Bible** 23 Feb.-23 March  
Kieran O’Mahony OSA 10.15-11.45am

JS Bach has been called the Fifth Evangelist (sharing the title with Isaiah), and he brings to extraordinary expression the Christian faith, as received in the Lutheran tradition. The great attraction of Bach’s music is the interaction of faith, beauty and order. Bach, as researcher and musical scientist, brings a phenomenal mind to bear on the persuasive power of his music, always at the service

of God, beauty and faith. The synergy is thrilling and repays close attention. Particular consideration will be given to the St John’s Passion, as well as selected cantatas.

€55 (5 weeks)

**6. The Cure of Poetry** 13 April-11 May  
Úna Agnew SSL 10.15-11.45am

“A poet’s life is an experiment in living” (WB Yeats). The poets Patrick Kavanagh and Seamus Heaney were tested by the circumstances in which they found themselves at various junctures of their lives. Poetry gave them a purpose in life. Can we learn from them during this time of pandemic? This short module looks at some of the ways in which Kavanagh’s and Heaney’s poetry offers an alternative mind-set to experiences of political unrest, self-questioning, isolation, failure, and personal loss, while at the same time gifting its readership with perspective, meaning, transcendence and spiritual healing.

€55 (5 weeks)

## WEDNESDAYS

**7. Silver Swans** 24 Feb.-26 May  
Nadia Quick 10.30-11.30am

Silver Swans is a ballet class for the over 55s. Dance is now considered to be one of the most beneficial ways of improving mobility, posture, co-ordination and energy levels and imparting a sense of wellbeing and fun. No previous dance experience is necessary!

€85 (11 weeks)

**8. German (Conversation)** 24 Feb.-26 May  
Yvonne Luven 10.00-11.30am

Immerse yourself in German language and culture in this engaging class. Topical issues, art, literature and Austrian and German traditions are explored in an enjoyable and informative way. The conversational manner is sure to boost both your confidence and fluency.

€120 (11 weeks)

**9. Inspiration for All Seasons: Celtic Wisdom for Today**  
John Scally 24 Feb.-24 March  
10.15-11.45am

In troubled times Celtic Christianity offers connections, community and common sense. It continues to be as a rich vein to be mined of insight, imagination and inspiration. This series is not a

nostalgic portal to a golden age of traditional Irish lyricism with mighty mists lolling lazily about the Celtic landscape but a search for wisdom that can present guidance for some of the most pressing issues facing the Church and society today.

€45 (4 weeks)

**10. The Doctor’s Dilemmas: Medical Ethics in a Fast-Changing World**  
John Scally 14 April-26 May  
10.15-11.45am

On virtually a daily basis there is a report of a new case which stretches the boundaries of medicine and raises yet another new moral dilemma. Such cases generate a lot of public anxiety that medical science has gone too far and that humankind has taken on powers hitherto reserved for God. This module considers such questions as: How are we to shield ourselves from the excesses of technical advances in medicine while preserving the benefits of modern health care?

€75 (7 weeks)

**11. “Everyone has the right to be happy”:  
The Encyclical ‘Fratelli Tutti’**  
Brian Grogan SJ 24 Feb.-24 March  
10.45am-12.15pm

This interactive module will explore Pope Francis’ recent encyclical ‘All Sisters and Brothers’ (Fratelli Tutti) in which he “outlines his recipe for rebuilding a post-pandemic world” (Elise Ann Allen). We will discuss some of the key themes: 1) “Everyone has the right to be happy”; 2) “Be a neighbour, like the Good Samaritan”; 3) “We must put human dignity back at the centre”; 4) “Those who cultivate kindness become stars shining in the darkness”; and 5) “Politics must make room for a tender love of others”.

€45 (4 weeks)

**12. Art, Music, Poetry – Reflections for a Time of Pandemic**  
Brian Dooney 14 April-12 May  
10.45am-12.15pm

“Hold fast to dreams / For if dreams die / Life is a broken-winged bird / That cannot fly” (Langston Hughes). This short module looks at what inspires us, feeds our dreams, boosts our sense of hope. It offers a chance to explore, through image and symbol, music and story, the significance of the COVID-19 pandemic for self and society.

€55 (5 weeks)

The Centre will be closed  
on St Patrick’s Day and for  
an Easter break 29 March – 9 April.

## THURSDAYS

**13. Irish (Conversation)** 25 Feb.-27 May  
Dáire Stevenson 10.30-12.00 noon

This module is designed for students to improve their skills in conversational Irish in a friendly and welcoming atmosphere. The emphasis will be on giving the student confidence to use the language in everyday situations. A good basic level of Irish is required. Fáilte roimh chách.

€130 (12 weeks)

**14. French Level 4 (Advanced)** 25 Feb.-27 May  
Marie Helène Dolan 10.00-11.30am

This module is for students who have a good command of French and would like to keep up to date with cultural, social and political developments in France and increase their fluency in spoken French. Relaxed and friendly atmosphere guaranteed. Au plaisir de vous voir ou de vous revoir!

€130 (12 weeks)

**15. Exploring English Literature** 25 Feb.-27 May  
Phil Dunne 10.15-11.45am

In this class, we read, discuss and share novels, poetry and drama. Our reading material is a mixture of classic and contemporary work written in English and translated writing of both established and emerging writers. No prior knowledge is required. Our emphasis is on enjoyment.

€130 (12 weeks)

**16. Tai Chi for Health and Relaxation** 25 Feb.-27 May  
Jane Bailey IBVM 10.45am-12.15pm

The ancient Chinese practice of Tai Chi is becoming ever more popular in the West. With its slow, gentle movements, it is an excellent way of promoting physical and mental well-being. Suitable for people of all ages and abilities. Beginners and improvers welcome.

€130 (12 weeks)



## FRIDAYS

**17. French Level 3 (Intermediate)** 26 Feb.-28 May  
Marie Helène Dolan 10.00-11.30am

In this module, the emphasis is on easing students into conversational French. Learned grammatical concepts are revised and put into a variety of conversation-based exercises that strengthen comprehension and self-expression. These classes will give you the confidence to converse on a range of topics. À bientôt!

€130 (12 weeks)

**18. Theology in Colours: Orthodox Icons** 26 Feb.-26 March  
Yvonne Luven 10.30-12.00 noon

Icons are the sacred art of the Orthodox Church. They have always been understood to be visual, artistic expressions of the Church’s theology. But icons do not only speak to us about God. At the same time, icons enable us to see our own true faces, remind us of our own deepest identity. In these unprecedented times, it can be a profound consolation to spend time together looking into a window at the joyful reality of God’s presence in our midst.

€55 (5 weeks)

**19. Faith, Suffering, Silence and Happiness: A Philosophy for Today**

Patrick Quinn 16 April-28 May  
10.30-12.00 noon

This module will examine what some thinkers and philosophers have said about the following topics: how faith, suffering and silence may change your life (Leo Tolstoy, Ludwig Wittgenstein and Gabriel Marcel); what it means to be a person (Marjorie Greene); escaping from solitude (Mary Midgley); and happiness and being content (Aristotle and Anthony Kenny). Relevant handouts will be given and class discussions and questions are encouraged.

€75 (7 weeks)

**20. The Passion Narrative in John** 26 Feb.-16 April  
Kieran O’Mahony OSA 10.15-11.45am

On this module, we will use six lenses (suggested by the Gospel itself) to explore how the evangelist understands the cross and resurrection of Jesus. After an introductory session, presenting the six perspectives, we will go through the passion narrative scene by scene. The final lecture will attempt a synthesis of the overall teaching of John with an eye to contemporary approaches to salvation.

€65 (6 weeks)

**21. “Behold I will make a way in the wilderness” (Is 43:19):  
Towards a Biblical Spirituality for the Times We Live in**  
Seán Goan 23 April-28 May  
10.15-11.45am

The motif of the desert features strongly in the founding story of the Israelites and recurs often in the writing of the prophets as they reflect on the people’s calling. In this module we will focus on ‘wilderness’ texts from both the Old and New Testaments in order to help us situate our own faith journey in today’s uncertain world.

€65 (6 weeks)

Dear friends of Lumen,

2020 has been a year unlike anything we have ever experienced. It demanded a lot of us on every level, and some were stretched beyond limit. We remember especially those of you who mourn the loss of family members and friends.

While the news of a vaccine gives us great hope, we are aware that uncertainty will be our companion for another while. We have decided to begin the spring term a little later, in the hope that COVID-19 will be somewhat curtailed. Most likely, we will need a good bit of flexibility in the running of the programme.

We trust that you will understand any necessary decisions we need to take in line with government restrictions and guidelines. We assure you that we will continue to do all in our power to make Lumen a safe place.

Please note that two of our online modules will begin in January.

We are looking forward to welcoming you back. Wishing you and your families a very happy and healthy 2021,

The Lumen Team

Please see over for our  
LUMEN ONLINE schedule  
for the Spring semester